

The \_\_\_\_\_ of Jesus' Prescription

1. Jesus is \_\_\_\_\_ a place for us.
2. Jesus is the \_\_\_\_\_ of that place.
3. Jesus will \_\_\_\_\_ to that place.
4. Jesus is the \_\_\_\_\_ to that place.

The \_\_\_\_\_ of Jesus' Prescription

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**TAKE ACTION:**

1. What uncertain, beyond your control, broken circumstances are troubling your heart today?
2. Take the prescription and the promises of Jesus in John 14:1-6 and apply them to your troubled heart.
3. What happens to your heart when you do?

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**NEXT WEEK:** *Jesus and Seeing the Father | John 14:7-14*

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*Our hearts are troubled just like the disciples' hearts in the upper room with Jesus. Jesus knows. Jesus cares. Jesus speaks to our troubled hearts in John 14:1-6.*

**Is \_\_\_\_\_ heart troubled?**

- What was troubling the disciples' hearts?
- What troubles our hearts?
- Why are our hearts troubled?

**Jesus' \_\_\_\_\_ for Our Troubled Hearts**

- \_\_\_\_\_ in God. \_\_\_\_\_ also in me." (1:2)
- Think on, actively trust, and live out of . . .
  - who Jesus \_\_\_\_\_.
  - what Jesus \_\_\_\_\_ for us in His life, death, and resurrection.
  - all that Jesus \_\_\_\_\_.

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*Growth Groups are the glue that holds our church together, the way we find and follow Jesus together. If you are not involved in a Growth Group, now is the perfect time to jump in at [gracecentralcoast.org/groups](https://gracecentralcoast.org/groups)*

### CONNECT *(ask this question to check-in with your group)*

What uncertain, beyond your control, broken circumstances are troubling your heart today?

### DISCUSS *(use some of these questions to process God's Word together)*

1. Read John 14:1-6 together as a group. How did you "come under" God's Word and the message this week? How did this text/message speak to you?
2. Where are we at in John's gospel and what's happened in John 13 that leads up to Jesus' words in John 14:1-6? Why are the disciples' hearts troubled?

3. There are lots of circumstances that can trouble our hearts. We also talked about WHY. It's when circumstances are uncertain, beyond our control, and broken that our hearts become troubled. Can you think of other reasons?
4. What is Jesus' prescription in John 14:1-6? What are the promises of the prescription?
5. Does this really work? Does believing in Jesus' person, work, and promises really bring peace to our troubled hearts? What is your experience? What holds us back from taking Jesus' prescription?

### PRAY *(use these prompts to pray in response to God's Word)*

- Use the prescription and the promises of John 14 as the fuel and fodder for your prayers for the circumstances of your group.
- Don't just pray for relief and resolution of your circumstances. Pray also that the reality of Jesus and His promises would change your experience in your circumstances.