

3. _____ to Jesus for _____ and _____ in your weaknesses



The Sympathy of Jesus

Hebrews 4:14-16

Sunday, July 4, 2021

As we continue our summer study, Hebrews 4 takes us deeper into the heart of Jesus and shows us the sympathy He has for sinners and sufferers. Because Jesus has gone through the human experience and been tempted like us, He can sympathize with our weaknesses and help us in them. His heart is full of sympathy and grace for us when we are weighed down by our weaknesses.

1. Jesus _____ with your weaknesses

NEXT STEPS to help us process and apply God's Word

- Memorize Hebrews 4:15 to remind yourself of Jesus's heart for you in your weaknesses.
- Think through your struggles and find the core issue to see how Jesus has gone through the same experience.

2. Jesus has been _____ in every way you are

NEXT WEEK: *The Gentleness of Jesus*



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Growth Groups are the glue that holds our church together, the way we find and follow Jesus together. If you are not involved in a Growth Group, now is the time to jump in at gracecentralcoast.org.

This year, our aim is to see our Growth Groups embody our 3-fold identity as followers of Jesus: Family, Servant, and Missionary. To that end, we're framing our Growth Group Interaction Guide to help groups move in that direction.

During the COVID-19 crisis our groups are meeting live and virtually using Zoom and other online platforms.

CONNECT *(ask these questions to check-in with your group)*

We're encouraging you to read Dane Ortlund's *Gentle and Lowly* this summer. Has anyone in your group started it? Are you reading any other books this summer?

DISCUSS *(use some of these questions to process God's Word together)*

1. Read Hebrews 4:14–16 together as a group. How did you “come under” God's Word in the text/message this week? What was new, fresh or challenging?
2. The text says Jesus has both “been tempted as we are” and “yet without sin.” Discuss how these two aspects work together to make Jesus glorious and such an amazing high priest.

3. Why does it make sense for v16 to be the application flowing from the truth of v15? Talk through how the two are connected.

4. What do you naturally think you'll find when you approach God after sinning. What does this text say you will find?

5. How does this text change how you view Jesus and His feelings toward you in your weaknesses?

6. How does this text contribute to the truth that Jesus is “gentle and lowly in heart” (Matt 11:29)?

PRAY *(use these prompts to pray in response to God's Word)*

Using Hebrews 4:14–16...

- Praise God for the sympathy and grace He shows us in Christ, and pray for a deeper understanding of Jesus's heart of sympathy for us.
- Pray for any specific requests in your group.
- As you pray, remind yourselves that you're drawing near with confidence, knowing you'll find mercy, grace, and help.