

The Heart of Jesus

Matthew 11:20-30

Sunday, June 13, 2021

4. How do we experience the Heart of Jesus?

Jesus tells us: _____ to _____.

5. Are we learning from the Heart of Jesus?

Experiencing the heart of Jesus is to _____ our hearts
to _____ like His heart.

NEXT STEPS to help us process and apply God's Word

- Take some time this week to relate to Jesus. When you do, how do you relate to Him? Do you think of Him as gentle and lowly? How do you think of Him? Why is that? What difference might it make for you to really believe that the heart of Jesus is gentle and lowly toward YOU?
- Who in your life needs to experience the gentleness and lowliness of Jesus' heart through you right now? What is one practical way you can be gentle and lowly to them this week?

NEXT WEEK: *The Action of Jesus | Matthew 14*

We talk often about the teaching and work of Jesus. We talk far less about the person of Jesus — who He is and what He is like. This summer we want to consider the "The Heart of Jesus." We kick things off today with the one passage in the Bible where Jesus describes His own heart. . . .

To help us understand Jesus words in Matthew 11, let's ask and answer 5 questions:

1. What is the Heart?

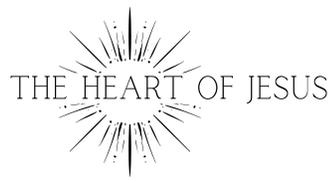
When the Bible speaks of the "heart," it's not talking about a _____ of who we are, but the _____ of who we are.

2. What is the Heart of Jesus like?

- The heart of Jesus is _____.
- The heart of Jesus is _____.

3. Who is the Heart of Jesus for?

- The heart of Jesus is for those who _____.
- The heart of Jesus is for those are _____.



The Heart of Jesus

Matthew 11:20-30
Sunday, June 13, 2021

Growth Groups are the glue that holds our church together, the way we find and follow Jesus together. If you are not involved in a Growth Group, now is the time to jump in at gracecentralcoast.org.

This year, our aim is to see our Growth Groups embody our 3-fold identity as followers of Jesus: Family, Servant, and Missionary. To that end, we're framing our Growth Group Interaction Guide to help groups move in that direction.

During the COVID-19 crisis our groups are meeting live and virtually using Zoom and other online platforms.

CONNECT *(ask these questions to check-in with your group)*

Share a hope you have for this summer.

DISCUSS *(use some of these questions to process God's Word together)*

1. Read Matthew 11:20-30 together as a group. How did you "come under" God's Word in the text/message this week? What was new, fresh or challenging?
2. What does it mean that Jesus is gentle in heart?
3. What does it mean that Jesus is lowly in heart?

4. When you relate to Jesus or think of Jesus (do you?), do you think of Him as gentle and lowly? How do you think of him? What is your mental image of who Jesus is?
5. Is Jesus gentle and lowly toward all? Use the text from Matthew 11 to prove your point! Who is Jesus gentle and lowly toward? How do we experience His heart?
6. How gentle and lowly are you toward others — your family, neighbors, co-workers, strangers? Would people around you see you as gentle and lowly? How would they describe you?

PRAY *(use these prompts to pray in response to God's Word)*

- Pray for the continued Covid recovery that is now clearly under way.
- With Matthew 11:28-30 in hand, come to Jesus praying for one another to know, believe and experience Him as gentle and lowly.
- Share burdens you carry and bear one another's burdens through prayer.