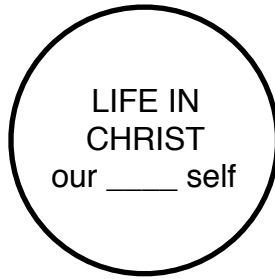


Because that is not the way we _____ Christ and the _____ that is in Christ . . .



- Trusting and walking in Christ involves putting off our _____, our _____ and our _____.
- Trusting and walking in Christ involves learning to _____ and _____.
- Trusting and walking in Christ involves putting on the _____ created in the likeness of God in true _____ and _____.

Today is an opportunity to examine our lives and take stock . . .



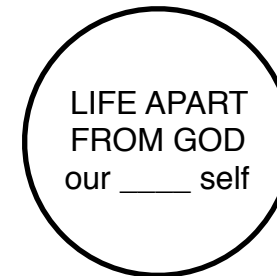
NEXT WEEK
On with the New Self
Ephesians 4:20-32



Off with the Old Self
Ephesians 4:17-24
Sunday, February 2, 2020

Followers of Jesus are called to WALK in a manner worthy of our calling in Christ. We are exploring all that means as we continue our study of Ephesians. Today we discover that walking in Christ means putting off our old self, our old lifestyle and our old desires.

Don't Walk Like Those who Live Life _____ from God . . .



- Living independent of God before trusting Christ, our _____ are _____.
- Living independent of God before trusting Christ, our _____ are _____.
- Living independent of God and before trusting Christ, we live by our _____.



Off with the Old Self
Ephesians 4:17-24
Sunday, February 2, 2020

Growth Groups are the glue which holds our church together, the way we find and follow Jesus together. If you are not involved in a Growth Group, now is the time to jump in at gracecentralcoast.org.

This year, our aim is to see our Growth Groups embody our 3-fold identity as followers of Jesus: Family, Servant, and Missionary. To that end, we're framing our Growth Group Interaction Guide to help groups move in that direction.

Connecting Together

In Ephesians we are talking about walking (living) with and in Christ. So how has your relationship with Christ impacted this week of your life? (Pair off in twos to discuss and then share what you learned from the other person in your pair.)

Digging into God's Word & the Message Together

1. Read Ephesians 4:17-24 together again as group. How did you come under God's Word in the text and message this week? How did God speak to you? What did you learn or what were you reminded of in this study?
2. In Ephesians 4:17-19, how did Paul's description of life apart from God strike you? How does remembering Ephesians 2:1-4 while reading Ephesians 4:17-19 keep us from an US vs. THEM self righteousness and why is that important?

3. Can you identify some examples/instances in our culture or in people around you, where you see the truth of Paul's description in Ephesians 4:17-19? What should be our response to people who are living their lives apart from God? What was God's response to us?
4. What is an area in your life where you wander back into and dabble in your old self, old lifestyle, and old desires? Why do you think that is? What would it mean for you to put that OFF? How would you do that?
5. **Your Growth Group as a Family:** Paul's call to righteousness and holiness follows quickly the call to unity in Ephesians 4. So how do our sinful behaviors impact our connection to and intimacy with one another in the family of God, the church?
6. **Your Growth Group as a Servant/Missionary:** True righteousness and self righteousness are two different things. What's the difference? Why does self-righteousness separate us from those who don't know Christ? Why must true righteousness move us toward those who don't know Christ? In Ephesians 4:24, how can we tell that true righteousness is not something we earn, but something we're given and then practice?

Praying Together

- Share needs and pray for one another.
- With this text in hand and in mind, pray for one another's walk with and in Christ.
- Pray for the list of names in your circles of influence that God is calling you to pray for, love and serve.